

## Message from your President - Kristi Gustafson

My Swedish roots come from my paternal grandparents who immigrated around 1890. The Swedish traditions my family enjoyed were mostly around the Christmas holiday. As I've become involved in New Sweden, I've learned about other traditions I wasn't aware of like Walpurgis and Kräftskiva.

After much discussion, the New Sweden Board has committed to putting on the annual Kräftskiva (crayfish) dinner with Scandia Lodge, at Fogelbo, Saturday, August 6. Plans are for a more traditional kind of Kräftskiva. In Sweden, people gather with friends and neighbors on a warm summer night to enjoy a potluck, eat crayfish, sip aquavit, and sing traditional songs.

The Friday and Saturday following Kräftskiva, while the canopies are still up, New Sweden will have our annual yard sale. The sale, along with the Midsummer Festival, are two of our major fund raisers. In attending, please plan to volunteer at one or more of these events if you are able.

New Sweden and SHF member Carl Thompson has been committed to recording the "Nordic Northwest" (Scandinavian Heritage Foundation) Friday Night Lecture Series. The March presentation was by Marian Bratt on "Memories from a Swedish Shipping Family Before, During and After WWII". Marianne told of the risks and losses her father experienced shipping supplies for the Allies. Some of our members who attended said it was one of the best lectures given. Thanks to Carl, one can borrow the DVD of Marianne's presentation from "Nordic Northwest" if you are a member. If not, I can make arrangements for you.

In early April, I joined with Board Member Anna Lundin and her husband Hans (see his article) representing New Sweden, at a Monday luncheon in Seattle, welcoming Swedish Ambassador Björn Lyrvall. The luncheon was hosted by Swedish Consul Lars Johnsson and Seattle's Swedish Club at their beautiful building overlooking Lake Union. New Sweden presented Ambassador Lyrvall with a Pendleton Woolen Mill wall hanging, the book "Swedish Roots, Oregon Lives", and wine donated by Oregon's Bergström Winery.



Kristi Gustafson  
Incoming President

## New Sweden Annual Membership Meeting

This year's Annual Meeting was held at the West Hills Unitarian Fellowship Church. New Sweden served a smörgåsbord of delicious food and also provided various forms of entertainment. The afternoon started with a key harp (nyckelharpa) and violin performance by Kim Majors and her daughter Michelle, who also shared a lot of insights on her instrument and traditional costume worn during the performance. Next up was Jimmy Granström's presentation of the million-selling Swedish band Nordman, and his English version of their most famous song "Vandraren (The Vagabond)". The evening ended with Carl Thompson's video presentation of the Swedish colony in Delaware. The video provided an insightful narrative of the hardships and rewards of the new world in the 17th century. New Sweden's smorgasbord included everything from home-cooked meatballs to sweet treats provided by Broder Söder at Nordia House.



West Hills Unitarian Fellowship Church,



Refreshments at the Annual Meeting

## 2016 New Sweden Garage Sales

by Ross Fogelquist

New Sweden Annual Garage and Antique Sale will be held at Fogelbo in the far back yard by the stuga. This year it will be held on Friday August 12th and Saturday the 13th due to the fact that three board members will be in Europe in May. Please bring your donations to Fogelbo after June 15th. People wanting to rent tables need to contact Ross Fogelquist (503-244-3697). Times are from 10:00 AM to 5:00 of Friday and 10:00AM to 4:00 PM on Saturday. Baked goods for the Cafe Stuga are welcome. Proceeds from the sale will go to help the Swedish language camp Trollbacken. We need volunteers so contact Ross Fogelquist if you help.



Fogelbo



Sales stands

## NEW SWEDEN & SKANDIA LODGE

Invite you to

### BENGT'S KRÄFTSKIVA

A pot-luck dinner and party in the garden at Fogelbo  
8740 SW Oleson Road – Portland, Oregon  
Saturday, August 6, 2016

Dinner 7:30 pm to Midnight

Join us for a fun, tradition-filled Swedish crayfish party with delicious food, singing, dancing and traditional and popular music for all generations.

Please bring your own beverage (coffee and lemonade provided)

**Corkage (at no cost) and a no-host bar will be provided by Broder Café.**

Kräftor (crayfish), Swedish meat balls, lingonberry jam, boiled potatoes, cheeses, knäckebröd (hardtack), sil (herring) and berries will be provided.



**Each family or party attending is asked to bring a generous-sized, Swedish-style (if possible) main-course dish or dessert (serving size: 8-10 people)**

◊Make your reservations early as seating is limited to 120 maximum◊

#### Ticket Prices

**\$20 per person for New Sweden and Skandia Lodge members**

**\$25 per person for non-members**

Last day for reservations (if tickets are still available) is Aug. 1. Payment must accompany reservation request. For more information and questions about reservations call: Vicki Cole, 503-255-6697, or email [them0therthing@aol.com](mailto:them0therthing@aol.com)

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## 2016 New Sweden Valpurgis celebration

*Valborgsmässoafton* was celebrated on April 30<sup>th</sup> at the Pope's beautiful residence. Nestled deeply in rural Hillsboro, the location provided wonderful views of the local area as well as the big mountains of OR and WA in the distance. New Sweden provided hot dogs, hot chocolate, coffee, as well as a variety of cookies, and the Scandinavian Chorus provided performances of traditional Swedish songs to highlight the arrival of spring (although many April days in Portland had felt more like the peak of summer than the start of spring).



The group also acknowledged the King's 70<sup>th</sup> birthday, passionately honored by Sir Ross Fogelquist. As the sun was setting, there was a slight chill in the air after a warm and sunny day, but soon everybody had a chance to warm up by the bonfire. Many thanks to the organizers for keeping this wonderful tradition alive!



Chef's  
Corner

## Light Swedish inspired Summer Dishes

This time the Swedish Chef will give you two recipes suitable for a romantic summer dinner for two, but can, of course be easily made larger for a bigger party. The recipes come from a Swedish cookbook by Hanna Sarenström, "Sommar kalas" (Summer Parties).



Enjoy!

### Herb-baked Salmon (2 servings)

300 grams (3/4 lb.) salmon fillet

½ dl (1/4 cup) finely chopped herb mix of thyme, tarragon, dill, basil and parsley

Some olive oil

Salt and freshly ground black pepper

Juice of ¼ lemon

1 garlic clove (optional)

Rub oil on both sides of the salmon. Put it skin side down in an ovenproof dish. Chop the herbs finely or purée in a mortar with little salt. Add lemon juice and salt and pepper to taste. Add garlic, if using.

Put herb mix on fish and bake in a 400F oven for about 10-15 minutes.

A green pesto made of green peas (cooked), garlic, basil and olive-oil is delicious served with the salmon.

### Spring Salad (Ängamatssallad) (2 servings)

3 fingerlings potatoes

1 carrot

¼ small head of cauliflower

2 green asparagus

1 green onion

4 sugar snap peas

1 deciliter (a little less than ½ cup) mayo

1 tbsp. Greek yogurt

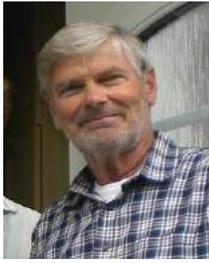
Salt and pepper to taste

Some fresh herbs like thyme or parsley

Boil the potatoes. Let cool. Peel and dice the carrot. Break up the cauliflower into small pieces. Blanch the carrots and cauliflower. Let cool. Dice the potatoes, cut the green onion and snap peas into strips. Mix all ingredients in a bowl, add mayo and yogurt, salt and pepper to taste. Chop the herbs and add to salad just before serving.



Ivar H. Wahlgren  
Actor



Actor Hans  
Ivar's son



Artists Pernilla & Bianca  
Hans's daughter & granddaughter



Robert Dröse  
Director

## 77 Years and Four Generations On Stage and On The Big Screen – A Brief Chronicle of the Wahlgren Artist Family.

by Jimmy Granström

If talent runs in the family, it runs very deeply in the Wahlgren Artist Family. For decades, the Wahlgren's have been one of Sweden's most artistically talented families, with careers in the arts that span generations. It started with actor Ivar Hugo Wahlgren's debut in the 1939 movie "Rena rama sanningen (Nothing But The Truth)", which was followed by more than 50 film- and TV productions before his death in 1983. His son Hans is also a very prolific actor, whose big breakthrough came in the movie "Raggare (Greasers)" in 1959. "Raggare" also featured Hans's future wife Christina Schollin. Their children Niclas, Linus and Pernilla have all had prominent roles on stage and on the big screen in Sweden. Niclas and Linus both starred in the 1983 movie "G – som i gemenskap (F – as in Fellowship)", which is one of the titles in the book "Tusen svenska klassiker (A Thousand Swedish Classics)", covering music, books, films and TV shows. Pernilla and her daughter Bianca also have terrific resumes, including performances in the Swedish trials for the Eurovision Song Contest (ESC) and Junior ESC, respectively. Pernilla made her most successful ESC trial in 1986 (4<sup>th</sup> place), while Bianca made her trial in the Junior ESC in 2006.

In 2015, Pernilla played "The Wicked Witch of the West" in director Robert Dröse's new musical adaptation of "The Wizard of Oz" at Stockholm's Maximteatern. Bianca competed in "Let's Dance 2016", the Swedish version of "Dancing With The Stars". During one of the competitions, Bianca reunited with her father (and former dancer) Emilio Ingrosso. This was the first time in six years that Bianca was in the same room as both of her parents after their dramatic divorce, which caused Emilio to leave Sweden for several years. However, family ties are difficult to sever completely, and Emilio has said that he's never been in closer contact with his children than now. With the continued pursuits of Pernilla's three children - her sons Oliver and Benjamin are both in the music industry and have worked with artists like Avicii - it is quite likely that the Wahlgren artist tradition in theater and music will celebrate 100 years in 2039, possibly spanning across five generations at that point.

## Seattle Outreach

by Hans Lundin.

On Sunday evening April 3rd, Anna and Hans Lundin had the pleasure of attending a dinner on the occasion of the visit to Seattle by H.E. Björn Lyrvall, Ambassador of Sweden to the United States. The dinner was hosted by the Consul of Sweden for Washington and Oregon Mr. Lars Jonsson at his residence in Medina, Washington. They were entertained by a Swedish opera singer, Marie Birve, who during the course of the dinner sang five beautiful songs accompanied by a piano.

Following short speeches by the Consul, the Ambassador and the director for the Nordic Heritage Museum in Seattle the Consul asked us if we could say something about what is going on in Oregon/Portland. Hans stood up and reported on the success of the new Nordia House, activities at Harmoni Lodge, the Scandinavian Choir, New Sweden and the one year old Swea group.

We need to do more Seattle outreach to the Swedish consulate



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New book is on the way covering Swedish Lumberjacks in Oregon - In the forests of the Far West (I Fjärran västerns skogar).

- courtesy of our sister origination SRIO

The book tells about a large group of Swedish immigrants who worked cutting timber in the vast forests of Oregon and Washington, in the late 1800's and early 1900's.

The book's author, is Lars Nordström's, a Stockholm native who lived in Oregon. Nordstrom's book is part of a larger project about the lumberjacks, including what tools and other equipment they used and abundant photo material showing how the Swedes worked and lived in the Pacific Northwest forests.

SRIO has more information on prices and availability at [www.swedishrootsinoregon.org](http://www.swedishrootsinoregon.org)



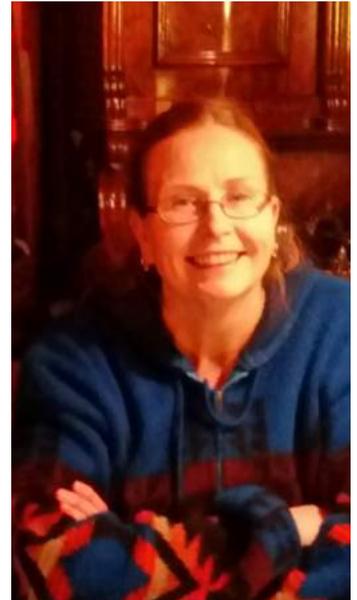
## Glögg Competition at SHF

New Sweden board member Maritha Rufus won the first annual Scandinavian Heritage Foundation Glögg Competition, at the new SHF Nordia House. Maritha grew up in the small community of Kvicksund, Västmanland, located between Västerås and Eskilstuna, Sweden. Kvicksund is divided by a bridge that crosses Lake Mälaren. Maritha moved to Dallas, Texas in 1987, where she met her husband. She has been a member of New Sweden for many years and currently serves on the Board.

Maritha got her glögg recipe when she was in her early twenties and worked as a nanny for the family of the Swedish ambassador to Angola. She lived near the city of Luanda, Angola, during a time of civil war. There were quite a few Swedes in the area besides the embassy staff as NP Lund was building a new Swedish embassy, Volvo had employees there, and Sweden was running a fishing school in a nearby village. At Christmas, the Swedish community had a large, traditional celebration with a Lucia pageant for the children, Lucia buns baked by Maritha and the ambassador's wife, and gallons of glögg.

Congratulations Maritha and thank you for sharing your recipe.

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## 2016 Events Calendar summary

**June 6th:** Saturday, Sweden's National Day

**June 11th:** Scandinavian Midsummer Festival, Oaks Park date and time TBD (Astoria Midsummer on June 17, 18, & 19)

**August 6:** Saturday, annual Kräftskiva Crayfish Party , reservations required

**August 15-20th:** Trollbacken, Swedish Language and Culture Camp for children ages 7-13

**August 12 & 13th:** Annual Antique and Garage sale at the West Hills Unitarian Church

**October 1st:** SHF ScanFeast Auction and gala.

**December 3 & 4th:** Saturday and Sunday, ScanFair at Portland's Memorial Coliseum

**December 10th:** Lucia Festival.

All information will be updated during the year and will appear on the web-site as well.

New Sweden Cultural Heritage Society  
2845 NW Circle A Drive  
Portland, OR 97229

2016 Membership Renewals and New Memberships!

Memberships are renewed each year and run from January through December. Please use this form to renew now and save the cost of mailing a separate membership renewal request! You may also renew for multiple years by multiplying the annual dues amount by the number of years desired and indicating your intention on the form.

Thanks for supporting New Sweden with your dues!

Membership Renewal or New Member Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Single \$20.00     Family \$35.00     Patron \$50

Scholarship Fund donation (\$\_\_\_\_\_)

Make checks payable to "New Sweden" and send to  
Membership, Attn: GunMarie Rosqvist, 2845 NW Circle A Drive, Portland, OR 97229 Membership questions, please call: (503) 466-2119, or at [www.NewSweden.org](http://www.NewSweden.org)